CIGAR SMOKE IS COMPOSED OF THE SAME TOXIC AND CARCINOGENIC CHEMICALS FOUND IN CIGARETTE SMOKE, THAT IS HARMFUL TO BOTH SMOKERS AND NONSMokers.

Daily cigar smokers, particularly those who inhale, have an increased risk of heart disease and chronic obstructive pulmonary disease (COPD).

CIGAR SMOKERS ARE AT AN INCREASED RISK FOR A HEART ATTACK.

All cigar smokers, whether they inhale or not, expose their lips, tongue, and throat to smoke and its toxic and cancer-causing chemicals.

CIGAR SMOKING CAUSES CANCER OF THE ORAL CAVITY, LARYNX, ESOPHAGUS, AND LUNG.

Don’t believe the hype. “Freaking” a cigarillo, or removing the inner layer, binder, or “cancer paper” does not make smoking safer. Cigarillos contain the same toxic chemicals as cigarettes. It’s not the paper that causes cancer. It’s smoking. There is no safe form of tobacco.

THE LARGER SIZE OF MOST CIGARS (MORE TOBACCO) AND LONGER SMOKING TIME RESULT IN HIGHER EXPOSURE TO MANY TOXIC SUBSTANCES INCLUDING:

- Carbon Monoxide
- Hydrocarbons
- Ammonia
- Cadmium

CIGARS AND CIGARILLOS ARE NOT SAFE ALTERNATIVES TO CIGARETTES.

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